

1 Star No-Decision Family Meal Plan Shopping List

- ## Proteins & Grains
- Chicken Thighs (1 lb)
 - Eggs (6 large)
 - Rolled Oats (1 container)
 - Rice (1 small bag)
 - Pasta (1 box)
 - Bread (1 loaf)
 - Peanut Butter (1 small jar)

- ## Produce & Canned
- Bananas (3)
 - Potatoes (5 medium)
 - Canned Black Beans (1 can)
 - Marinara Sauce (1 jar)
 - Olive Oil (1 small bottle)